**Doctor’s Note**

Date

Name

Address

To whom it may concern,

Please excuse Mr. James Wilson from traveling on the airplane on 12th July 2019.

He is not fit to travel for at least the next six months, i.e. until December 2019. After December, I can only allow traveling after reviewing his latest reports at that time.

Mr. Wilson has been under my treatment since the start of 2019 and is suffering from backache and spinal problems. I have often prescribed him bed rest and straight sitting. As for traveling, especially by air, he is not allowed, as per my prescription. The seats of the plane are very uncomfortable and the air pressure, as well as the long hours, might affect his vertebrae. Traveling would deteriorate his back issues and he might become bedbound.

Kindly, cooperate and spare him from any sort of traveling. If you need any more information, you can contact me at [contact].

Regards,

Dr. Sarah William.